**Brushing Teeth**

1 Get materials

2 Wets toothbrush

3 Puts toothpaste on toothbrush

4 Moves toothbrush around the outside top of mouth

5 Moves toothbrush around the inside top of mouth

6 Moves toothbrush around the outside bottom of mouth

7 Moves toothbrush around the inside top of mouth

8 Rinse off tooth brush

9 Return materials

**Tying Shoes**

1 Pick up right lace with right hand

2 Pick up left lace with left hand

3 Cross laces to make an X

4 Fold lace on right side through hole using right hand

5 Pull both laces tight

6 Use both hands to make a small hoop with right lace

7 Hold hoop with right hand only

8 Use left hand to wrap left lace around hoop

9 Push left lace under the bottom of the hoop

10 Pull on both hoops until tight

**Washing Face**

1 Turn on faucet

2 Get soap

3 Rub on hands (5 sec)

4 Rub on face (5 sec)

5 Rinse hands and face

6 Turn off faucet

7 Get towel

8 Dry hands and face